

How to enroll for VA Services

Active-duty personnel and Reservist or national guard embers who served in a theater of combat operations are eligible for free care for any condition that may be associate with a combat experience for a period of up to **five years** beginning on the date of separation from active duty. After five years standard eligibility rules will apply

Come to the VA with your DD-214 and fill out a Medical Benefits Application.

OR

2. Apply online at www.va.gov



Mission:

“To care for him who shall have borne the battle...”

President Abraham Lincoln

OEF/OIF/OND Program Manager

Keith Cunniffe, LCSW-R

(914) 737-4400, x3383

Transition Patient Advocate

Debra Lucas

(914) 737-4400 x2658

Each site has a clinical point of contact that can be reached at:

Castle Point:

Elisabeth Rahilly, LCSW

(845) 831-2000 ext 4617

Carmel & Pine Plains CBOC

Betsy Valentine, RN

(845) 831-2000 ext 4616

Monticello & Poughkeepsie CBOC

Montrose:

Sonya Shabinsky, LCSW

(914) 737-4400 ext 3798

New City CBOC

Kristen Tuttle, LCSW

(914) 737-4400 ext 3795

Goshen & Port Jervis CBOC

For eligibility and enrollment questions, please contact :

Castle Point

Wanda Robinson

(845) 831-2000 ext 5413

Montrose

Earnest Cooke

(914) 737-4400 ext 2516

Returning Iraq and Afghanistan Combat Veterans



VA Hudson Valley Health Care System

www.hudsonvalley.va.gov



**VA
HEALTH
CARE** | Defining
EXCELLENCE
in the 21st Century

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Castle Point Campus
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Castle Point, NY
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COMING HOME

Returning home from a combat zone always involves readjustment. Returning veterans often report that they:

- ♦ Have short tempers.
- ♦ Forget things and have trouble concentrating.
- ♦ Constantly recall memories of the combat zone.
- ♦ Miss the excitement of deployment.
- ♦ Have trouble sleeping and experience nightmares.
- ♦ Have problems “fitting in” with family and friends and at work.
- ♦ Want to keep to themselves.
- ♦ Feel jumpy and hyper-alert.
- ♦ Drink more alcohol.



HOW CAN WE HELP

The VA offers services to help our returning Veterans:

- ♦ Enhance resilience
- ♦ Learn to cope with the impact of combat service
- ♦ Transform potentially damaging events into chances for growth
- ♦ Strengthen family relationships
- ♦ Make a full adjustment to life at home

Contact us at:

845 831-2000 ext 4616/4617.

Or

914 737-4400 ext 3795/3798

Available Health Care Services:

- ♦ Outpatient services— medical, mental health and specialty clinics.
- ♦ Inpatient services – medical, mental health, extended care and residential programs.
- ♦ Sexual trauma counseling.
- ♦ Specialized health care for women veterans.
- ♦ Outreach programs for homeless Veterans.
- ♦ Readjustment counseling.
- ♦ Alcohol and drug dependency Treatment.
- ♦ Evaluation for military service exposure, including: Gulf War, Agent Orange, Ionizing Radiation, and certain other environmental hazards.
- ♦ Veterans Industries.

